

Cookie Policy

Last updated: 26 June 2026

What Are Cookies

Cookies are small text files that websites place on your device when you visit them. They help websites remember your preferences and understand how visitors use the site. Most websites use cookies, and they are generally harmless.

Cookies We Use

Essential Cookies

These cookies are necessary for the website to function properly. They enable basic features such as page navigation and access to secure areas. The website cannot function properly without these cookies, and they do not require your consent.

Essential cookies on this website may include:

- Session cookies that keep you logged in during your visit
- Security cookies that help protect against fraudulent activity
- Cookies that remember your cookie preferences

Statistical and Analytics Cookies

We do not currently use analytics cookies on this website. If this changes in future, we will update this policy and ensure you have the option to opt out.

Advertising and Tracking Cookies

We do not use advertising or tracking cookies on this website.

Cookie Consent Tool

We do not currently use a cookie consent tool on this website. As we do not use analytics or advertising cookies, consent is only required for any non-essential cookies set by third-party services embedded in the site.

Third-Party Cookies

This website uses certain third-party services that may set their own cookies on your device.

These are outside our direct control, but we want you to be aware of them:

How to Opt Out or Manage Cookies

You can control and delete cookies through your browser settings. Most browsers allow you to:

- See what cookies are stored and delete them individually
- Block third-party cookies
- Block all cookies from specific sites
- Block all cookies from all sites
- Delete all cookies when you close your browser

Please be aware that blocking all cookies may affect the functionality of this and other websites you visit.

For detailed instructions on managing cookies in different browsers, visit aboutcookies.org.

Your Rights

Under UK data protection law and the Privacy and Electronic Communications Regulations (PECR), as amended by the Data (Use and Access) Act 2025, you have the right to:

- Opt out of statistical cookies at any time without affecting how the website works for you
- Refuse consent for non-essential cookies
- Withdraw any consent you have previously given

If we introduce analytics cookies in future, we will provide a clear way for you to opt out.

Updates to This Policy

We will update this cookie policy if our use of cookies changes. Any significant changes will be reflected here, and the date at the top of the policy will be updated accordingly.

Contact

If you have any questions about how we use cookies, please contact me:

Di Barry Counselling Email: dibarrycounselling@gmail.com

You can also view our full privacy policy and other compliance documents at

<https://di-barry-counselling.co.uk/>.

How to control or opt out of cookies

This website uses the following services that may set non-essential cookies. You can opt out of each as described below:

WebWisley: This service may set cookies. You can block or remove them using your browser's cookie settings (see below).

Browser controls: All major browsers let you block or delete cookies. See instructions for [Chrome](#), [Firefox](#), [Safari](#), and [Edge](#).